# TWINKLE AS THEY BLUNDER IN THE FASHION STAKES

ld listen to shion tips. itchie, 37, en he saw fit at the ortedly d cover up. n-of-two when she

appeared in a purple leotard, matching leather jacket and fishnet tights.

"Guy wasn't happy and told her in no uncertain terms," said an insider. "He thinks she's too old to be wearing such skimpy things."

skimpy things."
But Madge is not alone in her



PARIS HILTON, 24
THE phrase "Money can't buy taste" springs to mind. This American millionairess has been

ROBBIE WILLIAMS, 31
THE Stoke-on-Trent lad has always been a poser and it seems he's exhausted nearly every fashion route. But that's no excuse to start dressing like a pompous old man. Next, you'll be smoking a pipe!

PETE DOHERTY.



NELLY, 36 YES, he may be a gangsta rapper, but too much bling just looks tacky. Less is more in this case, Mr Nelly.





### **BBC One**

# 6.00 Breakfast (T) 23415674 9.15 Uncharted Territory

(1) Uncharted Territory
(T) 7211945
10.00 Homes Under The Hammer
(T) Followed by BBC News, (T)
Weather. 62620
11.00 Trading Up (T) 5026
11.30 Car Booty (R,T) Followed by
BBC News, (T) Weather. 6755
12.00 Cash In The Attic Selling a
jewellery collection. (T) 93649
1.00 BBC News, (T)
Weather 86200
1.30 Local News, (T)
Weather 41225262
1.40 Neighbours Stuart witnesses
Sindi's attack on Toadie.

Sindi's attack on Toadie.

(T) 54232939

(T) 54232939
2.05 Doctors (T) 15438587
2.35 Diagnosis Murder A TV show contestant is murdered. Dick Van Dyke stars. (R,T) 5680113
3.20 BBC News, (T) Local News, Weather 1152502
3.25 CBBC: Lazy Town (R,T) 3833533 3.50 Watch My Chops (R,T) 9839558 4 0 E Dick And The

3833533 3.50 Watch My Chops (R,T) 9803552 4.05 Pinky And The Brain (T) 2938620 4.30 Patrick's Planet (T) 7492484 4.55 Blue Peter (T) 7471991 5.20 Newsround Extra (T) 6102281

Extra (T) 6102281 5.35 Neighbours (R,T) 797129 6.00 BBC News (T) 303 6.30 Local News Programmes, (T) Weather 755

### **BBC Two**

6.00 Close 74200 7.00 CBBC: Watch My Chops (R,T) 4199561 7.25 Raven (R,T) 7444638 7.55 Newsround (T) 2856026 8.00 The Really Wild Show (R,T) 79571 8.30 CBeebies: CBeebies Birthdays 3274668 8.35 Lazy Town (T) 5714397 9.00 Pingu (R) 7322910 9.05 Clifford's Puppy Days (T) 3375755 9.25 Something Special (R,T) 5150246 9.40 Tweenies (R,T) 4113007 10.00 The House Detectives (R,T) 34303 10.30 Schools 67842 12.00 The Daily Politics (T) 52858 12.30 Working Lunch (T) 93264 1.00 Schools 84842 1.30 FILM: MacGyver: Lost Treasure Of Atlantis 1994 (PG) The intrepid explorer accompanies

Treasure of Atlantis 1994 (PG)
The intrepid explorer accompanies
his former archaeology professor in a
search for the mythical lost continent.
TV spin-off, starring Richard Dean
Anderson. (T) 42533
3.00 Castle In The Country
Methos Spintople accurate

Mother Shipton's cave in Knaresborough. (T) *5858* **3.30 Flog It!** From Durham. (T)

3.30 Flog Itt From Durnam. (1) 62910
4.30 Ready, Steady, Cook With snooker players Shaun Murphy and John Higgins. (T) 1427736
5.15 Weakest Link (T) 9217571
6.00 Eggheads Quiz show, hosted by Dermot Murnaghan. (T) 945
6.30 Strictly Come Dancing - It Takes Two (T) 397

ITV News (T) 94552 GMTV (T) 9167754 The Jeremy Kyle S 5.30 6.00 my Kyle Show

This Morning A report from Jab Ins worning A report from the premier of the new Harry Potter film and recipes from celebrity chef Hugh Fearnley-Whittingstall. Plus, the latest gossip from The X Factor. Phillip Schofield and Kate Garraway present. Including news bulletins at 10.50 and 11.55. (T) 89113 .30 ITV News (T) 40200 30 Today With Des And Mel

1.30 Today With Des And Mel
New series. Return of the daily
entertainment show hosted by Des
O'Connor and Melanie Sykes, with
guest Sheryl Crow. (T) 21129
2.30 Our New Life in Everwood
New series. American drama about a
widowed New York doctor who
decides to start afresh in Colorado
with his children. (T) 61533
3.29 Local Weather 1252129
3.30 CITV: Pocoyo (T) 4406991
3.35 SpongeBob SquarePants
9817755 3.50 Art Attack Mini
Makes (R,T) 4422939 4.00 Tricky
TV (T) 194 4.30 My Parents Are
Alliens (T) 378
5.00 The Paul O'Grady Show
Daily entertainment show with the

Daily entertainment show with the comedian and guests. (T) 2656 6.00 Local News (T) 571 6.30 ITV News, (T) Weather 823 Channel 4

**Grabbit The Rabbit** 

50 Grabbit The Rabbit
(R,T) 6148945
00 Inuk (T) 5177262
10 The Hoobs (R,T) 2236303
35 The Hoobs (R,T) 3982945
00 B4 87939
30 Friends (R,T) 62674
00 Just Shoot Me (T) 2851571
25 Will & Grace (R,T) 7659465
55 Frasier (R,T) 7659465
25 Celebrity Life Skills
(T) 1336113

9.25 Celebrity Life Skills
(T) 1336113
9.30 The Deadly Knowledge
Show (T) 8705129
9.55 Hardeep Does (R,T) 4110910
10.20 Bricking It (R,T) 3952910
11.10 The Market (R,T) 8988823

11.10 Ine Market (R.1) 980823 11.35 From The Top (R.T) 7260113 12.00 News At Noon (T) 74026 12.30 Coach Trip (R.T) 90552 1.00 Grudge Match (R.T) 19830587 1.05 FILM: Mary, Queen Of Scots 1972 (PG) Vanessa Redgrave stars as the III-fated monarch whose enposition to

Redgrave stars as the ill-fated monarch whose opposition to Elizabeth I led to her execution. Well-mounted historical biopic, with Glenda Jackson. (T) 38068910
30 Countdown (T) 2281755
15 Deal Or No Deal (T) 3963571
00 Richard & Judy (T) 8378
00 The Simpsons Bart suspects Elanders of murder (T) 113

Flanders of murder. (T) 113

6.30 Hollvoaks Andy makes a shocking confession to Sam. (T) 465

#### **Five**

6,00 Milkshake! Titch (R)
53386620 6,10 Old Bear Stories (R)
53306020 6,20 Franny's Feet (R)
53306484 6,30 Rolie Polie Olie (R)
2205194 7,00 Funky Valley (R)
8514991 7.05 Bird Bath 9939755
7.15 Roobarb And Custard Too (R, T)
938593 7,25 The Adventures Of
Bottle Top Bill And His Best Friend
Corky (R) 7123284 7,45 Make Way
For Noddy (R) 1316129 8.00 Fifi And
The Flowertots (R) 9615736 8,15
Peppa Pig (R) 3364129 8,25 Miss
Spider's Sunny Patch Friends (R)
9618823 8,45 Hi-5 (R, T) 1340945
9,20 MechaNick (R) 2951755
9,25 The Wright Stuff
(I) 93166649 6.00 Milkshake! Titch (R)

(T) 93166649 10.30 Trisha Goddard (T) 3248649 11.30 Five News (T) 6543823 12.00 Home And Away

(R,T) 6259262 12.30 BrainTeaser 3242465 1.30 Confessions Of The DA Man (T) 7002804

3.30 FILM: Columbo: A Bird In 3.30 FILM: Columbo: A Bird In The Hand 1992 (PG) A compulsive gambler plants a bomb under his wealthy uncle's car, hoping to bump the old boy off and inherit his loot. Peter Falk stars. (T) 3458736
5.30 Five News (T) 8785858
6.00 Home And Away (T) 8602571
6.30 Family Affairs Brett gives Sami an ultimatum. (T) 8693823



HOLIDAY 2006: Laurence Llewelyn Bowen has a look at what Blackpool has to offer,

7.00 Holiday 2006 Laurence Llewelyn-Bowen examines Blackpool's sophisticated

new image. (T) 6397
7.30 Real Story With Fiona **Bruce** Report on the increasing dangers of food poisoning. (T) *939* 

8.00 EastEnders Grant tries to

get the evidence that could clear Sam's name. (T) 8945 8.30 Much Ado About Nothing Modern adaptation of Shakespeare's play, set in a regional TV studio. Two feuding news anchors find themselves at the centre of a matchmaking plot by co-workers. Starring Damian Lewis and Sarah Parish. (T) *16571* 

10.00 BBC News (T) 55945 10.30 Local News, (T) Weather 230587 10.35 They Think It's All Over

Comedy sports quiz, hosted by Lee Mack, with lan Wright, Jonathan Ross, Rory McGrath and Boris Becker. (T) 332945

Jonathan Ross Jonathan chats to Ralph Fiennes.

11.35 FILM: Q & A 1990 (18)

Thriller, starring Nick Nolte. (T) Followed by Weatherview.

1.50 Sign Zone: Antiques
Roadshow (R.T) 5743682 2.40
Sign Zone: The Queen's Cavalry
(R.T) 9758601 3.10 Sign Zone:
Your Life In Their Hands (R,T)
8585446 4.10 Sign Zone: Mind Your
Own Business (T) 571428205 4.406.00 BBC News 24 2935359

11.05 Film 2005 With

(T) 328216

29658281



LINIVERSITY CHALLENGE: Jeremy Paxman hosts the contest.

7.00 BBC Four On BBC Two: Jonathan Miller's Brief History Of Disbelief Dr Miller examines how the Renaissance brought a new conflict between science and superstition, and tells the story of French aristocrat

Baron D'Holbach, (T) 6674 8.00 Dubai Dreams An insight into Dubai's successful housing market. (T) 6587

8.30 University Challenge Jeremy Paxman chairs the contest between the University of Sheffield and the University of Sussex. (T) 2194

9.00 Never Mind The 9.00 Never Mind The
Buzzcocks With guests Jo
Caulfield, Tony Livesey, Blak
Twang and Rowetta. Hosted
by Mark Lamar. (T) 3804
9.30 Broken News The North

East's ugliest teachers. (T) 85620

10.00 Have I Got News For You Jeremy Clarkson hosts the satirical current affairs quiz, with guests Andy Hamilton and Mark Steel. (R,T) 53587

10.30 Newsnight Kirsty Wark presents a round-up of the day's events. (T) 882216

11.20 Beyond Boundaries

The group climb a volcano. Last in series. (R,T) 415723

**12.20 BBC News 24** *5714392* **1.00** BBC Learning Zone:
Languages And Travel: Buongiorno Italia! 13-20 (T) *8635088* **4.30-6.00**Talk Italian 1-6 (T) *78663* 



CORONATION STREET: Ronnie can't avoid Jimmy's trap, 7.30pm

7.00 Emmerdale Ashley is furious with Sandy for ruining his big day. (T) 1465

7.30 Coronation Street Ronnie walks into a trap set by Jimmy, and Leanne tries to talk to Jamie in the Rovers. (T) 197

8.00 Dads' Army: Inside Fathers 4 Justice First in a two-part Tonight report on the controversial campaigning group. Concludes on Friday. (T) 7723

Concludes on Friday. (T) 8.30 Coronation Street Lloyd races to save Ronnie and Steve from Jimmy. (T) 9620

9.00 Trial And Retribution IX

First of a two-part crime dram A man vanishes while honeymooning in London, but there's very little evidence to suggest foul play - until a character caught on CCTV footage arouses suspicions Concludes tomorrow, (T) 4587

10.30 ITV News, (T) Weather *53533* 

11.00 Numb3rs An engineering student apparently commits suicide – but Charlie suspects foul play after reading a controversial thesis written by the dead man. American drama, starring Rob Morrow and David Krumholtz. (T) 61945

12.00 Champions League Weekly 9437040 12.25 999 Frontline 9437040 **12.25** 999 Frontline 1156175 12.50 Jeremy Kyle 2744601 **1.50** 60 Minute Makeover 5738750 **2.40** Love 2 Shop 9750069 **3.10** Love 2 Shop 52596866 **3.30** Redocats (R,T) 43407088 **3.55** Entertainment Now (R,T) 43482779 **4.25** Dads' Army (R,T) 20785750 **4.50-5.30** ITV Nightscreen 1783971

WHO KILLED THE ROLLING STONE?: A look at the controversy surrounding the death of Brian Jones, 11pm

**7.00 Channel 4 News** Including sport and weather. (T) *999397* 

7.55 3 Minute Wonder Short animated film about a boy's first trip to the fairground. (T) 300303

8.00 Dispatches Economist Andrew Dilnot examines Gordon Brown's record as Chancellor, revealing what he regards as critical mistakes that have cost the country dearly – and may cause greater problems in the future. (T) 4262

**9.00 Wife Swap** An artist who encourages her children to be creative trades places with the mother of a child beauty pageant champion. Conflict soon erupts over the two women's differing attitudes to TV. Last in series. (T) 4026

10.00 Without A Trace

A postal delivery truck is found abandoned carrying \$12,000 worth of video games, prompting the team to wonder whether the driver has been abducted or was involved in unlawful dealings. (T) 7113

11.00 Who Killed The Rolling Stone? Investigating the controversy surrounding the death of Rolling Stones member Brian Jones. Featuring fresh evidence that casts new light on the case. (T) 197533

**12.05 The Sex Inspectors** (R,T) 6734250 **12.50** The Death Of Celebrity (R,T) 2742243 **1.50** Prince Edward: The Showbiz Years (R) 8544021 **2.50** Dancing Under The Dustcover (R,T) 6739595 **3.00** Wanted: New Mum And Dad 54595 **4.00-6.00** 4Learning (R,T) *69773* 

FIFTH GEAR Vicki Butler-Henderson looks at the Honda NSX.

**7.00 Five News,** (T) **Weather** *5564484* 

7.15 The Gadget Show Jason Bradbury presents a countdown of the best driving games available, before challenging Tiff Needell to a race. (T) Followed by Five News Update. (T) 3228939

8.00 Fifth Gear Vicki Butler-Henderson pays tribute to the Honda NSX, soon to go out of production. (T) Followed by Five News At 9. (T) 7483543

9.00 The Girl Whose Muscles Are Turning To Bone: Extraordinary People

New series of documentaries, beginning with a girl whose muscle tissue is turning into bone as a result of an incurable disease. (T) 3083787

10.00 Sitcoms That Changed The World New series.

Caroline Aherne narrates the first of three documentaries examining influential TV programmes. (T) 47789213

11.05 Terry Gee: Living With **HIV** A year in the lives of a gay couple who are both HIV positive. Former pop singer and magazine editor Terry Gee and his partner Rob were both diagnosed with the virus in 2001. (T) *9513197* 

**12.05 Peter Benchley's Amazon** 6527866 **12.55** V8 Supercars 2502224 **1.40** NFL Live: Monday Night American Football 67956446 **5.35-6.00** Motorsport Mundial: Highlights. 45224175

(T) TELETEXT SUBTITLES (R) REPEAT



### STR TV GUIDE -

### Sky One

5.10 Gamezville (R) 1093736 6.00 Pokemon (R) 48397 6.30 Stargate: Infinity (R,T) 89823 7.00 Yu-Gi-Oh! (R) 18823 7.30 Zoids (R) 93718 8.00 The Dog Whisperer (R) 61197 8.30 Entertainment Tonight US (R) 11638 9.00 Taste (R) 20945 10.00 Buffy The Vampire Slayer (R,T) 26842

(R,T) 26842 11.00 Star Trek: Deep Space Nine (R,T) 13378 12.00 The Dog Whisperer

A pit bull with a temper. 11674

12.30 Cruise With Stelios

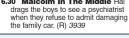
2.30 Cruise With Stellos Life aboard easyCruiseOne, the first low-cost liner. (R) 27620

10 Taste Food programme, hosted by Beverly Turner. 28303

10 Law & Order (R.T) 71804

10 Buffy The Vampire Slayer A witch causes problems for Buffy. (R.T) 37367

A witch causes problems for Buffy. (R,T) 37587
4.00 Star Trek: Deep Space
Nine (R,T) 48194
5.00 Star Trek: Voyager The ship gets involved in armed conflict with an alien species. (R,T) 1484
6.00 Futurama Fry enrols at Mars University (R,T) 5587
6.30 Malcolm in The Middle Hal draws the bowe to see a psychiatrist





NIP/THCK: Sean receives a restraining order filed by Matt.

7.00 The Simpsons Homer buys a handgun to protect his family. (R,T) 2113

7.30 The Simpsons Homer is humiliated by a wild bear. (R,T) 2823

8.00 The Simpsons Marge is mugged at the supermarket and develops a fear of venturing outdoors. (R,T) *8533* 

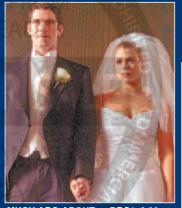
**8.30 The Simpsons** Lisa is thrilled to learn she's been moved up a grade at school. (R,T) *7668* 

9.00 Infidelity Journalist Rod Liddle investigates the reasons why men stray from their relationships. Featuring case studies and interviews with self-confessed cheats, 89484

10.00 Nip/Tuck Sean is served a restraining order by Matt, and Christian encounters another of The Carver's victims, but his story doesn't seem to add up. (R) 3414804

11.05 Cold Case Rush and the squad reopen a Sixties case involving a black teenager who may have been the victim of a racially motivated attack (R,T) 669007

12.05 24 (R,T) 2499601 1.05 Star Trek: Voyager (R,T) 6878175 2.05 Angel (R,T) 3957137 3.00 Law & Order (R,T) 8492885 3.55 Alias (R,T) 6921934 4.45 Entertainmen Tonight US 76745408



MUCH ADO ABOUT..., BBC1, 8.30pm

### WHAT'S HOT TO WATCH

STILL basking in the glory of her National Television Award her National Television Award for Greatest Actress in The Whole Wide World Ever (or something), Billie Piper is back on our screens tonight in a brand new production for BBC1. It's a Shakespeare play, but don't let that put you off. MUCH ADO ABOUT NOTHING (BBC1, 8.30pm) has been dragged kicking and screaming into the 21st century, which kind of explains why Billie is playing a TV weathergirf. In fact, the whole thing is set in a regional television newsroom, with Sarah Parish and Damian Lewis playing rival hosts and

Lewis playing rival hosts and ex-lovers Beatrice and Benedick

and Tom Ellis as the bloke who does the local sports round-up. This is the first of four plays being radically revamped as part of the BBC's Shakespeare Retold season – the others, if you don't find the idea a complete turn-off, being Macbeth, The Taming Of The Shrew and A Midsummer Night's Dream.

ELSEWHERE tonight, over on ITV1, there's a Tonight special, DADS' ARMY: INSIDE FATHERS 4 JUSTICE (8pm), resulting from a 12-month undercover investigation into the high-profile pressure group. In the first of two programmes (the other one is on Friday at the

same time), reporter Mark Jordan reveals the disturbing tactics some members of the group have allegedly employed to get their message across.

ITV1 also sees the return tonight of TRIAL AND RETRIBUTION (9pm), kicking off with the baffling case of a newly-married guy who goes AWOL while he and his missus are honeymooning in London.

AND psycho Jimmy Clayton lures his estranged missus, Ronnie, to a farmhouse in CORRIE (ITV1, 7.30pm, 8.30pm), then threatens her with a shotgun. He certainly knows the way to a woman's heart, bless him.

### **ALAN FRANK'S TELLY MOVIES**

#### STAR RATINGS

\*\*\*\*\*Don't miss it \*\*\*\*Good \*\*\*Average \*\*Time filler \*Garbage

MARY QUEEN OF SCOTS (1972) \*\*\*
C4 1.05-3.30nm Historical 1972 C4 1.05-3.30pm. Historical biopic. Vanessa Redgrave stars in the title role in a drama about the ill-fated monarch whose opposition to Queen Elizabeth 1, played by Glenda Jackson, led to her execution. Also starring Timothy Dalton and Patrick McGoohan. starring T McGoohan.

McGoohan.

MacGYVER: LOST TREASURE OF ATLANTIS (TVM, 1994) \*\*\* BBC2 1.30-3.00pm. TV series spin-off adventure. Richard Dean Anderson and his former archaeology professor face an evil nobleman when they search for the legendary lost city of Atlantis. Also starring Brian Blessed and Sophie Ward.

Sophie Ward.

COLUMBO: A BIRD IN THE HAND

(TVM, 1992) \*\*\* Five 3.30-5.30pm.

Thriller. Crumpled cop Peter Falk sets out to nail a compulsive gambler whose enormous debts inspire him to dispose of his rich uncle by placing a bomb under his car. Also starring Tyne Daly, Steve Forrest and Greg Evigan.

Q & A (1990) \*\*\*\* BBC1 11.35pm-1.50am. Thriller. Inexperienced New York assistant DA Timothy Hutton investigates the case of a veteran policeman who takes the law into his own hands, shoots a drug dealer and hopes high-level corruption will protect him. Also starring Nick Nolte and Armand Assante.

#### **REGIONAL VARIATIONS**

BBC1 Variations WALES: 6.30-7.00 Regional N 755 10.35 X-Ray 332945 11.05 They Think it's All C 328216 11.35 Film: 2005 With Jonathan Ross 204 12.05 Film: 0 & A 17875779 2.20-3.10 Sign Z Antiques Roadshow 7102446

Amagues Hoadshow / 10/2446 BBC2 Variations WALES: 10.00-10.30 OI: Oulte Interesting 53587 11.20 Microsoft's Big Games Gamble 23/79/10 11.50 Beyond Boundaries 746/755 12.50-1.00 BBC News 24 19149/72

BBC News 24 1914972

TY1 Variations ITV1 ANGLIA: 3.29-3.30 Anglia Weather 1252128 6.00-6.30 Local News 571 ITV1 CENTRAL: 3.29-3.30 Local Weather 1252169 6.00-6.30 Begonal News 571 ITV1 MERIDIAN: 3.29-3.30 Meridian Weather 1252129 6.00-6.30 Local News 571 ITV1 CHANNIET: 1.20-1.30 Puffins Platifice: Including carton fun with Jersey Royals. 91745465 6.00 Local News Weather 37246 6.15-6.30 Local News 571 ITV1 WALES: 2.30 Crash Course 3.29-3.30 ITV West Weather 1252129 6.00-6.30 Local News 571 ITV1 WALES: 2.30 Crash Course 3.29-3.30 ITV Wales Weather 1252129 6.00-6.30 Local News Weather 371 WESTCOUNTRY: 3.29-3.30 Westcountry Weather 1252129 6.00-6.30 Local News 571 ITV1 WESTCOUNTRY: 3.29-3.30 Westcountry Weather 1252129 6.00-6.30 Local News 571

54113 ITV1 WESTCOUNTRY: 3.29-3.30 Westcountry Westher 1252129.6.00-6.30 Local News 571

54C As Channel 4 except! 9.30 Ysgolion12.30 Planed Plant Bach 66763026 1.15 Water Stories 3954304 1.20 A Place In The Sun: Home Or Away 91891465 2.25 Deal Or No Deal 19229991 3.15 Countdown 11395216 4.00-5.00 Planed Plant 80339736 6.30 Rownd A Rownd 13522129 7.00 Wed 19229991 3.15 Countdown 11395216 4.00-5.00 Planed Plant 80339736 6.30 Rownd A Rownd 13522129 7.00 Wed 5128804 8.25 Flermio 9.00 Cefn Gwlact: New series. Dai Jones visits Tal y Glannau Farm near Mallwyd, Machynlleth where Tegwyn Pughe Jones has decided o diversify to accommodate his children's desire to maintain the family's agricultural tradition. Plus, a look at how the family have adapted their role in the Tir Golda environmental scheme. 80238620 9.30 A-Y Cerdd Dant: Huw Stephens and Huw Evans present an alphabetical look at the world of Cerdd Dant, the popular form of folk singing combining choir and solo harp. 89073246 9.40 Spoirc Morgan Jones presents a round-up and the Burdesiga. 4224278 10.45 Y Clwbs Projection (1996) 6793933 11.15 Legless 8008578 12.35 The Closer 17204324 1.30 Will & Grace 57938040 1.55 Will & Grace 57967175 2.20 Sufi Soul: The Mystic Music Of Islam 28412330 3.15 Diwedd 41834175 4.00 Ysgolion

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### ...ON LAST NIGHT'S T

WHEN it began in 1986, there was something quite comforting about an episode of CASUALTY (BBC1). It seemed like every episode started the same way—with a group of boozy lads getting into a car, or a stressed-out executive snapping at his wife before he sped off to work. You just knew a motorway pile-up or a heart attack was on the cards.

Then there were cuddly characters like Kuba Trzcinski, the Polish security guard who made every scrap in the hospital waiting room worse—mostly because he spat at people every time he spoke. But the show's grown-up a lot. Some of today's characters seem much nastier.

A good example is paramedic Woody,

whose dislike of his older colleague Josh has no limits. On Saturday, Josh escaped disciplinary action by a whisker, when the father of the boy he clouted the week before decided not to take his complaint any further. So Woody decided to report the matter himself - the kind of line that the characters of yesteryear would never have crossed!

#### Gritty

But if its characters were once a nicer bunch, Casualty always kept up a tradition of telling no-holds-barred stories - and that hasn't changed much.

In Saturday night's episode, an Asian family were being persecuted by a racist

thug, who objected to his sister's relationship with their son. Fittingly enough for Bonfire Night, fireworks were involved, and the son ended up in casualty

with severe burns.

It was hard to say which was more difficult to watch - the sight of a man burnt to a cinder, or the bigotry of the men who'd

to a cinder, or the bigotry of the men who'd done it to him.

There were times when it felt a bit earnest. There were long speeches about racism and how – guess what – people from other cultures can be racist, too. But it's often said that television drama has lost its gritty, realistic edge since the 1980s. Casualty proves that even primetime telly is still brave enough to talk about real issues.

### **FILMS**

#### **SKY MOVIES 1**

6.15am Boy Meets Girl (1998) (PG) Comedy, starring Sean Astin. 26740804 8.00 A Child's Cry For Help (1994) (PG) Drama, with Veronica Hamel. 93026 10.00 Snowman's Pass (2004) (PG) Drama, starring Nicole Eggert. 203-11.45 Oklahoma! (1999) (PG) ical, starring Maureen Lip 01002

2.45pm Boy Meets Girl (1998) (PG) Comedy, starring Sean Asim. 77300910 4.30 A Child's Cry For Help (1994) (PG) Emotional dra Hamel. 97226804

6.20 Snowman's Pass (2004) (PG) 6.20 Snowman's Pass (2004) (PG) Drama, starring Nicole Eggert. 70223007 8.00 Saving Grace (1999) (15) Comedy, with Brenda Blethyn. 88322465 9.45 Chartlie's Angels: Full Throttle (2003) (12) High-kicking sequel starring Drew Barrymore. 437823 11.35 Maiden Voyage: Ocean Hijack (2002) (15) Thriller, starring Casner Van Dian. 374823 Casper Van Dien. 374823 1.10am Just A Kiss (2003) (15) Romantic comedy, starring Ron Eldard

2.50 Black And White (1998) (18)

759021 **4.35-6.30 In The Line Of Duty: Smoke Jumpers (1996) (PG)** Drama, starring Adam Baldwin. 53321359

#### **SKY MOVIES 2**

7.05am Northfork (2003) (PG) Drama. 15633587 8.50 Only You (1994) (PG) Comedy.

72228533 10.40 Joe Torre: Curveballs Along The Way (1997) (PG) Drama. 7961718 12.10pm Northfork (2003) (PG)

2.00 Only You (1994) (PG) Comedy.

4.00 Jett Jackson: The Movie (2001) (PG) Fantasy adventure, stan Lee Thompson Young. 86697026 5.45 Sky Movies News The latest

5.45 Sky Movies News The latest from Hollywood, 242571 6.20 Joe Torre: Curveballs Along The Way (1997) (PG) Baseball drama, storing Paul Sorving, 70225465 **8.00 Troy (2004) (15)** Epic adventure, starring Brad Pitt. 44019571

10.45 Shirley Valentine (1989) (15) Romantic comedy. Pauline Collins stars. 16511484 12.40am Dreamcatcher (2003) (15) Science Fiction. 50007359 3.00 National Security (2003) (12)

4.45 6.30 Jett Jackson: The Movie (2001) (PG) Adventure. 89173156

#### **SKY CINEMA 1**

6.00am Chaplin Today: The Great Dictator 6100723 6.35 Denver & Rio Grande (1952) (PG) Western. 67550133 8.15 Madame X (1966) (PG)

Draila, 39336352 10.00 Come Blow Your Horn (1963) (PG) Comedy, 7997910 12.00noon Jane Eyre (1944) (PG) Drama, 2508945

1.50 Chaplin Today: The Great Dictator 9214026 2.25 Denver & Rio Grande (1952) (PG) Western. 5289281

(PG) Western. 5289281 4.00 Come Blow Your Horn (1963) (PG) Comedy, with Frank Sinatra. 6183262 6.00 Madame X (1966) (PG) Tearjerker, with Lana Turner. 5982084 8.00 Mondovino (2004) (PG)

8.00 Mondovino (2004), (1.4), Documentary . 97849281 10.20 Mostly Martha (2001) (PG) Comedy, with Martina Gedeck. 2438945 12.10am Mississippi Burning 12.10am Mississippi Burning (1988) (18) Drama. 71313953 2.20 Return Of The Fly (1959) (12) Horror. 35902607

**3.45 Sky Movies News** 3180069 **4.15 6.00 Jane Eyre (1944) (PG)** 

Sky Box Office Digital movies can be ordered using the handset from the on-screen listings guide.

# SPORT

### RADIO

Radio 1 (FM: 97.6-99.8 MHz)
7.00 The Chris Moyles Show.
10.00 Jo Whiley: 12.45
Newsbeat. 1.00 Edith Bowman.
4.00 Scott Mills. 7.00 Zane
Lowe. 9.00 Lamacq Live. 1.00
Mary Anne Hobbs: The
Breezeblock. 3.00
Oneclick/Magazine. 4.00 Early
Breakfast With JK And Joel.
Adio 2 (FM: 88-90.2 MHz)
6.00 Richard Allinson. 7.30
Wake Up To Wogan. 9.30 Ken
Bruce. 12.00 Jeremy Vine. 2.00
Steve Wright In The Afternoon.
5.05 Stuart Maconie. 7.00 The
Album Chart Show With Simon
Mayo. 8.00 Humphrey Lyttelton,
9.00 Jools Holland. 1.00 Big
Band Special. 10.30 The Mark
Faddiff Show. 12.00 Janice
Long. 3.00-6.00 Alex Lester.
Radio 5 Live (MW: 909, 693
kHz) 5.00 Morning Reports.
6.00 Breakfast. 9.00 Victoria
Derbyshire. 12.00 The Midday
News. 1.00 Simon Mayo. 4.00
Drive. 7.00 Sport On Five. 10.00
Onita Anand. 1.00 Up All Night.
Virgin Radio (MW: 1215, 1197,
1424 kHz) 6.00 Russ Williams Virgin Radio (MW: 1215, 1197, 1242 kHz) 6.00 Russ Williams. 10.00 Leona Graham. 1.00 Neil Francis. 4.00 Martin Collins. 7.00 Ben Jones. 10.00 Kelly. 1.00 Robin Burke. 4.00 John Osborne.

### SKY SPORTS 1 A

G.00am Football League Review 49552 7.00 Good Morning Sports Fans 38571 8.00 WWE: Bottom Line 39200 9.00 Racing News 67649 9.30 Football League Review 43484 10.30 Football Special 25804 12.00noon Sparish Football Special 25804 12.00noon Sparish Football Special 32516 5.30 Football Special 32216 5.30 Football Special 32216 5.30 Football League Review 89465 6.30 Soccer AM: The Best Bits 901587 7.15 Playball An interactive football quiz. 52203 7.30 Live Monday Night Football Botton Wanderers v Tottenham Hotspur (Kick-off 8.00pm). This evening's Premiership clash comes from the Reebok Stadium, as two of this season's contenders for Champions League qualification meet. Sam Allardyce's side will be tilu of confidence after beating Charlton Athletic at The Valley last week, but they face a fough test against Martin ol's men, who have drawn 1-1 with Manchester United and Arsenal in their last two games. 40334842 10.15 Playball 908543 10.30 You're On Sky Sports! 87303 12.00md/inglyt Soccer AM: The Best Bits: Highlights. 5063224 12.45 Monday Night Football 387224 2.45 Soccer AM: The Best Bits 2876330 3.30 You're On Sky Sports! 81088

8.00am Cricket 1735858 8.30 FA Cup Football 1734129 9.00 US Tour Golf 3429303 12.00noo Test Cricket 3347755 3.00 US Tour Golf 9651281

6.00 Powerboating 2100945
6.30 British Rally Championship 2028397
7.00 Test Cricket Highlights fo Australia v West Indies. 4937194
10.00 Poker 7110587
11.00 Women's Pool 5598668
12.00mlidhight Poker 1374822 1.00
Powerboating 6727494 1.30 Show Jumping 5218251

### **SKY SPORTS 3**

**6.00am** Aerobics Oz Style 70926552 **6.30** Adrenaline Hunters 10795216 **7.00** Aerobics Oz Style 28123620 **7.30** Tennis 37517842 **9.00** International Rugby League 10796945 11.00 Racing News 23788804 11.30 Aerobics Oz S 23789533 **12.00noon** NFL 31271842 **3.00** Moto Plus 46426674 **3.30** Tennis 26773842

5.00 WWE: Experience 46344026 6.00 WWE: Afterburn 58269945

6.00 WWE: Afterburn 58269945
7.00 NFL Tampa Bay Buccaneers v Carolina
Panthers and New Orleans Saints v Chicago
Bears, Extended highlights of the NFC South
match at Raymond James Stadium and the NFC
inter-divisional clash in Baton Rouge. 18131200
10.00 WWE: Bottom Line Highlights from the
latest edition of Raw. 37177804
11.00 WWE: Late Night - Afterburn Featuring
the stars of Smackdown. 28149668
12.00midnight WWE: Late Night - Velocity
45910882 1.00 WWE: Heat 72411595
2.00 Live WWE: Raw Wrestling action from the
States. 54521886







### ITV2

9.25am 60 Minute Makeove 9.25am 60 Minute Makeover 10.25 Sally Jessy Raphael 11.10 Judge Judy 12.25pm The Jeremy Kyle Show 1.30 Coronation Street 2.00 Emmerdale 3.00 Ricki Lake 3.50 Tirisha 4.55 Sally Jessy Raphael 5.45 Judge Judy 7.00 3rd Rock From The Sun 7.30 Spin City 8.00 Airline 9.00 Hell's Kitchan IUS 41 0.45 Office Monkey City 8.00 Airline 9.00 Hell's Kitchen USA 10.45 Office Monkey 11.15 Coronation Street 12.20am Film: About A Boy (2002) (12) 2.10 3rd Rock From The Sun 2.30 Spin City 2.55 Ricki Lake 3.35 Teleshopping 5.45 Nightscreen

#### ITV3

12.20pm Chicago Hope 1.15 LA Law 2.15 Peak Practice 3.15 Cadfael 4.50 The Practice 5.45 Film File 6.00 LA Law 7.00 Savage Planet 7.30 Cadfael 9.00 Fitz 10.00 Revisiting Brideshead 10.05 Brideshead Revisited 11.15 Revisiting Brideshead 11.20 Inspector Wexford 12.20am Chicago Hope 1.15 The Practice 2.10-5.10 Teleshopping

#### ITV4

Randall And Hopkirk (Deceased)
8.00 Dark Skies 9.50
8.00 Dark Skies 9.50
Entertainment Wra 10.00 Film: The
Fast And The Furious (2001) (15)
12.05am The Larry Sanders Show
12.35 Dream On 1.05 The Late
Show With David Let

### **BBC THREE**

7.00pm The 7 O'Clock News On BBC Three 7.30 Body Hits 8.00 Trauma 8.30 Little Angels 9.00 Spendaholics 10.00 EastEnders 10.30 Funland 11.00 Funland 11.30 Two Pints Of Lager And A Packet Of Crisps 12.30 The Comic Side Of 7 Days 1.00 Spendaholics 1.55 Funland 2.25 Funland 2.55 Honey We're Killing The Kids

#### **BBC FOUR**

7.00pm Journeys From The Centre Of The Earth 8.00 The World 8.00 ather 8.30 African School 9.00 Animation Nation 10.00 Animatio Nation Shorts 11.00 Arts Reports 12.00midnight Journeys Fro The Centre Of The Earth 1.00 Animation Nation 2.00 Arts Reports From The Centre Of The Farth

#### MORE4

12.15pm Richard & Judy 1.15 Countdown 2.00 Hill Street Blues 3.00 ER 4.00 Film: Millions Like Us (1943) (U) 5.55 Morel News 6.00 Time Team 7.00 Grand Designs Abroad 8.00 Morel News 3.30 The Daily Show 9.00 UFOs 11.05 The Last Word 11.40 The Sopranos 12.45am ER 1.45 Streets Ahead 2.40 Hill Street Blues

### televisionX (SKY 969)

Incorporation (SKY 969)
10.00pm Freeview 10.10 Deep
And Dirty 10.30 C" On My Teeny
Tiny T" 2 11.00 Freeview 11.10
Anna's Place 5 11.30 Brettish
Empire 11.50 Filipino S"" F"" 5
12.00midnight Freeview 12.10
Road Trip – Bath 3 12.30 D""
Dan 1.00 Freeview 1.40 Pick Up
Lines 67 2.50 Julian's Seductions
4.10 Pick Up Lines 64

# STAR PUZZLES

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A B		10	13	10	10	12	21	7		11	16	6	14
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14	1	5 1	6 1	.7 :	18	19 <b>W</b>	<sup>20</sup> <b>M</b>	21	22	23	24	25	<sup>26</sup> J



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DIFFICULTY: 5/10; TARGET: 18 minutes CLUE: Concerning a fight, perhaps.

#### YESTERDAY'S SOLUTION: Across:

Toboggan, Salve, Quiescent, Kip, Each Ignite, Foetus, Gloves, Repeal, Snip, She, Influenza, Meant, Deferral.

**Down:** Toque (clue), Fulsome, Brioche, Relax, Gush, Culprit, Aweigh, Baffle, Staidly, Jute, Fluke, Vintner, Vespers, Pearl.

Fytra letter clues: 0905 072 3264 (deduct two minutes for each clue letter heard)

\*Or text DSALPHA to 83426 and we will text the six extra letter clues direct to your mobile.

\*Texts cost £1 plus normal network operator rate.

Today's full solution: 0905 072 3265 Calls cost 75p per minute from BT landlines

# of a Feathe

One of the listed feathered friends has flown the nest and can't be found in the grid. Which one?

LAGN I T H G L Ε U U V С Ε AVY 0 G S Α R R 0 S Е Т U 0 R Ε Α 0 Т Ε Α P L U R Α Т Α L Ε Е R C 0 N W Т Ε M Ε N S C Н Т N 0 Ε Ε D Ε Ε Κ Ρ Ε Τ R Ε L Т В Υ С U L С Т В Т Ν G K 0 0 R Ε 1 Т M R Α M L U F С

AUK **CHUKAR** CRAKE **EAGLE EIDER FINCH FULMAR GUILLEMOT** HOBBY KITE KITTIWAKE LARK LONGTAILED TIT

**NIGHTINGALE OSPREY OWL OYSTERCATCHER** PETREL **PLOVER** ROOK **SPARROW THRUSH** 

> **TWITE VULTURE** WHEATEAR WHIMBREL WREN

YELLOWHAMMER

### **SUDOKU**

9	3			5			4	8	Fill col							ery	
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Extra clues: 0905 072 0302 Today's solution: 0905 072 0301 Calls cost 75p per min

#### **SATURDAY'S SOLUTIONS**

#### Path finder

Lent, Ramadan, Pentecost, Advent, Diwali Michaelmas, Epiphany, Holi, Trinity, Shrove Tuesday, Easter, Passover, Purim, Yom Kippur, Rosh Hashanah, Whitsun.

#### Missing link

The words, in the correct order, are: stlng, oveR, tRap, sllk, oranGe, seAt, Time, llfe, wOlf, towN.

Reading down the shaded letters is: IRRIGATION.

**Opposites Attract** The words are: ANGELIC and SATANIC

TODAY'S ANSWERS IN TOMORROW'S

#### Call 0905 072 3267 for today's solution. Teaser **wo-wav** Calls cost 75p per minute from a BT landline.

- CRYPTIC CLUES
  ACROSS

  1 Sailor is last at sea (4)
  3 With lock, resort to break
  in and illegal entrance (8)
  9 Withdraw regiment on area
  of land (7)
  10 Right kind of mountain
  range in the country (5)
  11 Seat sorted out by N.E city's
  count (12)

- 11 Seat sorted out by N.E city's count (12)
  13 To make certain, run and see when ordered (6)
  15 Father's on a hill as a minister (6)
  17 What you catch when you fish for the crock of gold (7,5)
- (7,5)
  20 One with power to draw the line? (5)
  21 Indispensable quality of
- perfume (7) 22 Quotation for fancy ties to
- give to husband (8)
  23 Slips, of course, will show them (4)

- DOWN
  1 I'm badly hit by strain in gun
- 2 Language in U.S city can (5)

- way (6,6)
  6 After most spring month,
  bed's for fruit (7)
  7 Storage chamber for regaining oils (4)
  8 Gatecrasher? (9,3)
  11 Parliamentary sea
- batter (8)

  14 Red mark allowed here (7)

  16 Rat, say, takes rubbish outside
- lair (6) head off (5)
- 12 Squanders what are cooked in

#### 19 No charge? Change is about right (4)

**QUICK CLUES** 

- Language in U.S city can (a)
  Turn to back in speed (6)
  This person's a painter, by the way (6,6)
  After most spring month,

  1 A seasoning (4)
  3 Encroach on someone else's property (8)
  9 To withdraw or take back

  - 11 Parliamentary seat (12) 13 To make certain (6)
  - 15 Rector (6) 17 Freshwater fish (7,5)
  - 20 Monarch for instance (5) 21 Fundamental nature (7)
- 18 Weight makes you bounce 22 Calculate roughly (8) 23 Puts money on a wager (4)

# SATURDAY'S PUB QUIZ SOLUTION: 1 (c) Ghosts; 2 (a) 49; 3 (b) Jessica Simpson; 4 —TRICK QUESTION: The World Wildlife Fund's symbol is a panda; 5 (a) James I; 6 (b) 112; 7 (a) Ayres Rock; 8 (c) Albert Einstein; 9 (a) Sadie; 10 (b) Hearts; 11 (a) Oliver Twist – he was The Artful Dodger; 12 (b) Trainspotting; 13 (c) Whistler's Mother; 14 (c) 7,000; 15 (a) North Pole; 16 (b) Wear it – it's a top hat; 17 (c) Richard Nixon; 18 (b) France; 19 (a) Hockey; 20 (c) Lady.

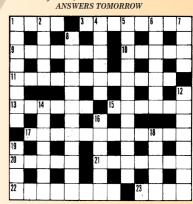
### DOWN

- 1 Grievously affected (8) 2 Old, dead language (5)

- 2 Oid, dead language (5)
  4 To spin (6)
  5 Busker (6,6)
  6 A fruit (7)
  7 Grain store (4)
  8 Device to break into a castle (9,3)
  12 Fried stuffed pieces of batter (6)
- ter (8) 14 Bright red (7)
- 16 Rat for example (6) 18 Small weight (5) 19 Gratis (4) SUNDAY'S SOLUTION ACROSS -

SUNDAY'S SOLUTION ACROSS 1 Cottage loaf, 7 Run, 9
Numbskull, 10 Swear, 11 Style, 14
Cart, 15 Hero, 16 Oregano, 17
Snap, 19 Prim, 20 Dodge, 23
Opted, 26 Extracted, 27 Tom, 28
Nip in the bud. DOWN - 1 Contact
sport, 2 Tome, 3 Asset, 4 Equal, 5
Oils, 6 Frieze, 8 Narrow minded, 11
Stop, 12 Yield, 13 Eland, 15
Hope, 18 Autumn, 21 Often, 22
Graph, 24 Deep, 25 Stab.

### Two sets of clues, but the answers are the same





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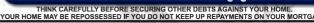


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### VVARNING





IF you're worried about getting older, just spend a refreshing afternoon with Carol Vorderman.

At 44, the stunning TV presenter is at her peak. And she says life – especially her sex life – has never been better.

"I think it's true of a lot of women in their forties," she says. "It's just like, b\*gger it!"

### Happy

"When you're in your twenties, you're always comparing yourself to these ridiculous ideals. But once you're in your forties you learn to accept your body."

Carol is certainly happy. And there's no doubt she's a true inspiration to women everywhere. But when it comes to her bedtime routing with the world have somed to the

tine we'd love some details.
"I could tell you some funny

### EXCHUSA **BV LINDA HARRISON**

stories but I'd be murdered!" she

stories but I'd be murdered!" she says with a laugh.

Not many maths masterminds become sex symbols but Carol seems to have managed it without breaking a sweat.

She's even been voted a top lesbian pin-up, proving that she really does have universal appeal.

Sadly for her lust-struck fans she's found her Mr Right in newspaper exec Des Kelly, who is four years younger than her.

They've known each other for five years and lived together for three. And, according to Carol, he's more than happy with her sexy image.

But she adds: "He doesn't know

about the lesbian fantasy figure thing. That could add a new dimension!"

Life has been a rollercoaster for Carol, who found fame on Countdown and Tomorrow's World. When she started out she had two children to care for and was constantly tired and overweight – her weakness was for family-size bags of Kettle Chips.

But after getting sacked from the BBC's Tomorrow's World for appearing in a soap powder ad – something she still blasts as "ridiculous" – she had more time on her hands. She joined a gym and she went from a size 16 to a size 10.

She was turned on to detox after bumping into a pal who looked amazing after trying it.

"I thought if she can do it, so can I," says Carol. Now she's as famed for her eating regime as for her TV appearances. "My friends are

always laughing at me," she says."They say, "Ooh, you with your detox – you come across as this boring woman who eats nothing but chopped-up vegetables'.

"Before I started the detox I was always calorie-counting in my head. I'd think, 'I'm only going to have 1,000 calories today.' But by Spm I'd be starving and would stuff my face with anything and everything."

### Surgery

Today, she's happy with her body. And who can blame her when she looks so good?
She is regularly voted one of TV's sexiest women – without the aid of any plastic surgery. Although she won't rule out going under the knife in the future.
"I probably would do it, actually," she says. "But I don't like the idea of a knife."
But to look this good, she must

surely deprive herself of treats. Does she still go out and get drunk? "God, all the time!" she says. "Once a week at least. Always on champagne so I don't get hangovers. Now I'm in my forties it takes me three days to get over a hangover. "But I do love long lunches that go on until midnight and I've had quite a few drunken escapades. I like a bit of mischief."

a few drunken escapades. I like a bit of mischief."
This naughtiness probably helps keep her sane, given her hectic workload. No sooner has she finished our interview than she's flying off to New York to launch her sudoku book in America.

Is there no end to Ms Vorderman's energy? Apparently not!

The full interview appears in the latest issue of Top Sante magazine, out now. Carol Vorderman's How To Do Sudoku (Ebury Press, £5.99) and Detox For Life (Virgin Books, £10.99) are out now.

My man doesn't know about the lesbian fantasy thing



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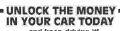
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MY hoyfriend and I

My boyrriend and I have just moved in together and I should be the happiest girl alive, but he's driving me mad.

We're arguing all the time over the smallest things.

The main problem is that I can't stand mess - and he's the messiest person I've ever met. I'm getting really stressed out about it.

Every time I come home from work, I have to tidy up and never have any time to relax. He leaves his clothes everywhere and never helps me clean up the house.

This atmosphere of anger and resentment is really beginning to affect our sex life.

Is it me? Am I being unfair or do I expect too much?

There must be a solution that doesn't involve us splitting up because, despite everything, I do still love him.

JANE SAYS: Your boyfriend sounds immature and he needs to start growing up. If he thinks he can

to start growing up. If he thinks he can act like a slob and you're going to be his new mummy, he must be put straight. Welcome him into the adult world, where men and women are equal and behave with respect for each other. Point out that living like a pig is just not acceptable and that you refuse to be cast in the role of nag. Set down house rules and make it clear what is expected of him. If he continues to treat you like a slave, then you'll have to move on or he'll crush you.

# I'm worried about my sexy slapper

MY girlfriend can only orgasm if I spank her hard first.

I'm glad that I'm able to bring her to such heights of pleasure, but this spanking lark really doesn't come naturally to me.

really doesn't come naturally to me.
I have to force myself to do as she instructs
and worry all the time about hurting her.
I'm 22 and have had many girlfriends. But my
current girl is special — I think I could be in
love for the first time.
When we first started having sex I was
always very disappointed that she never
orgasmed. She'd always get very excited and

enjoyed lots of foreplay including oral sex. But she always told me that I was not to worry about her not climaxing.

Eventually I sat her down and we had a serious talk. I explained that most of my pleasure was knowing that I pleased her and with that she blurted out that she needed me to slap her baye bottom.

#### Bare

She stripped off, draped herself over my knee and told me to place my left hand on her back to keep her in position. Then I had to begin spanking her. She looked

up and told me that she'd been a very naughty girl who needed to be punished, so I slapped her harder.

her harder. She was groaning and grinding her groin into my leg. I could see her bottom becoming redder, but she ordered me to go on. Eventually she arched her back and screamed out in pleasure and it was clear she'd orgasmed at last. Now this spanking is a regular feature of our lovemaking and she's more satisfied than ever. But is this natural? I'm a very gentle person and seriously worry if this is right.

needs, so take that as a compliment. What I do think that you should do, however, is set down a few guidelines. You need to agree just how far each of you is prepared to go and come up with a code word which means "stop". Very often in the heat of the moment, the person receiving the spanking may shout "stop", but not really mean it. Therefore you and your girlfriend need to be absolutely clear regarding boundaries. The general rule regard-

The general rule regarding any form of sex game is never to put yourself in the power of someone you don't know or trust.

I'M married with two

I'M married with two young children. My husband is hardworking, but our sex life isn't brilliant. A few weeks ago, I was out with friends and got chatted up by two different fellas. The second one was really sexy and special. He told me that I was lovely and asked me to take my wedding ring off and marry him. Now I can't stop thinking about him and wonder whether I should contact him again and take things further.

I love my husband, but am just so tempted to do something dangerous.

JANE SAYS: Please

JANE SAYS: Please don't jeopardise your family for the sake of a cheap thrill. I'm sorry to burst your bubble, but this guy probably uses this corny chat-up line with every girl he meets – especially if he's had a few drinks. Instead, why don't you concentrate your energy on revitalising your marriage? Arrange some fun nights out with your husband, organise a sexy weekend away and enjoy a few early nights. Make sex a priority again, make the sparks fly and cherish the great life you have. Check out a Relate book called Sex in Loving Relationships by Sarah Litvinoft (£7, Vermillon) for tips on turning a disappointing sex life into a sizzling one.

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Fantastic Sex

Write to JUST JANE, Daily Star, 10 Lower Thames Street, London EC3R 6EN or email jane.gorman@dailystar.co.uk

MY girlfriend had her nip-

MY girlfriend had her nipples and bellybutton pierced by her former boyfriend, who does such things as his business.

Now she wants to have her labla pierced and a new tattoo below her bikini line. Her ex has said he's willing to do it, but she'll have to shave off her public hair.

I don't know how I feel about this, especially as her ex is going to be doing the work himself. She's said I can go to the parlour with her — and maybe have something done myself.

Am I in danger of losing her if I don't go along with this? She's a very strong

character who is also into bondage and caning, which I don't mind.

I don't mind.
But the thought of her being in an intimate situation with her ex scares me. We've been together for two-and-a-half years.

JANE SAYS: Surely he's no longer a threat? If she's moved on, presumably he has, too, after all that time. Why not ask her straight whether she is using the tattoo and piercing as an excuse to see him again?

By all means go along with her, but don't have anything done yourself unless you're 100% sure.



IF TODAY IS YOUR BIRTHDAY:

This will be a time to remember. Above all, you may well create something magical that will have a big impact early next year.

The gazer who knows your future

**Aries** 

(Mar 21-Apr 20)

NOT only is it business as usual, but it is also impossible to predict how much you will end up with today. But there is more than just a bidding war going on. In fact your faith could disappear quicker than your money. And yet a proposition is not entirely hopeless and there are some advantages. To see why friendships and finances don't mix, call...

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0905 072 0099 (01)

Taurus

(Apr 21-May 21)

THE sun is directly opposed by Mars in Taurus today and things could easily blow up in your face. This isn't a major crisis. In fact colleagues and partners would love you to prove them wrong. It sounds as if you will, though it might take a lot of persuasion to do so. why some restraint is required, call...

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0905 072 0099 (02) \*

Gemini

(May 22-June 22)

THE current situation in the heavens is confused and uncertain. Even though you should be up to the challenge, it's doubtful that anyone will help out today. Apart from that, you may be expecting news from afar – and it could come at an especially good time. To see why you should take it nice and steady, call...

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Cancer

(June 23-July 23)

YOUR business or financial affairs need to be put in order. But you could earn more than you hoped for. This is a day to face reality. Even if you have to give in to someone's demands, this is not all bad. You may even have an ace up your sieeve. To see why the pursuit of happiness, not cash, is more important, call...

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Leo

DON'T expect partners, colleagues or your family to be realistic. In fact you may lose some of your respect – especially as you might have guessed that somebody would let you down. But don't make too many bleak assumptions. Besides, you will definitely get a mention in the right place today. To see why your potential is enormous, call...

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0905 072 0099 (05) \*

Virgo

(Aug 24-Sep 23)

CHAOS and confusion reign supreme as this week begins. Even if you are a positive thinker things could backfire, or you may use up more energy than you need. But nothing is beyond you – and somebody will hear your voice, despite the fact they might not see you. To see why you must remain practical, call...

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0905 072 0099 (06) \*

Libra

(Sep 24-Oct 23)

ESTABLISHING a business relationship and working with certain people is worth the gamble. Just remember, however, no one has your sense of loyalty and you may wish you hadn't been so hasty. Whatever you have to give up this week, it should be your choice. To see why you should treasure what you experience, call...

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0905 072 0099 (07) \*

Scorpio

(Oct 24-Nov 22)

THE sun in Scorpio is opposed by both Mars and Neptune this week. You may feel that the world is against you. Though you are capable of standing up for yourself, you may be taken down a peg or too. But that won't stop you – you will soon achieve your goal whatever you have to tackle. To see why a power struggle is effectively over, call...

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0905 072 0099 (08) \*

Sagittarius (Nov 23-Dec 21)

IT won't exactly be plain sailing today. There may be dozens of interruptions and tiny adjustments to make. Don't worry about the mundane details. Even if you are unable to carry out your plans, you never know what's in the pipeline. Life is brighter than you think, especially if someone lends a hand. To see what options are available, call...

0905 072 0099 (09) \*

Capricorn (Dec 22-Jan 20)

WHAT happens now could cost you dearly, and you may have to pay out more than you thought. The real problem is that you can't be expected to keep up with the Joneses, let alone splash out on your friends. But someone will vouch for you today. To see why loyalty doesn't come cheap at the moment, call...

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0905 072 0099 (10) \*

**Aquarius** (Jan 21-Feb <u>19</u>)

CHALLENGING aspects to Neptune in Aquarius may affect your confidence. The thing is that you are telling the truth even if others accuse you of lying. But you will be proved right eventually. Meanwhile a decision will be made in your favour. To see why a crucial moment is just around the corner, call...

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0905 072 0099 (11) \*

NEPTUNE your ruler exerts a powerful influence as this week starts and you may find yourself going all around the houses. In reality this is when doors are shut rather then opened. Maybe you should see this as a point of no return. In fact you will soon be buzzing again and looking for an opening. To see why you may be on the rampage, call...

0905 072 0099 (12) \*

\* When you telephone to hear Justin's weekly in-depth forecast, you will be asked to dial your special Zodiac Number. This is the number in brackets next to the general number under each of the star signs. Calls to Justin's Zodiac Lines cost 75p per minute from a BT landline. Subscribe to receive Justin's daily texts for 50p per message per day egt ext DSARI to 6333. You will be sent one new message lini. This is a subscription service – it will cost you 50p per day until you text your star sign's code followed by STOP, eg DSARI STOP to 63333. For help call 0871 872 0112.







**CONTINUES TOMORROW** 

CAMERA phones and music phones have dominated much of the mobile phone market this year. Now it looms like it's the turn of the videophone.

Digital media software firm Qpass has identified mobile video downloads as a significant growth area in Europe. Earlier this year mobile video downloads through its software accounted for only one per cent of total mobile content downloads, but this figure had risen to five per cent by the end of to five per cent by the end of September 2005; a 55 per cent increase in six months.

increase in six months.

Christian Lutz, general manager of
Qpass Europe said: "The last six
months have seen the momentum of
mobile video significantly increase
across the whole value chain as the
market moves to embrace this

Other research groups are already predicting that mobile video will take the European wireless industry by storm during the next 12 months with video and camera enabled handsets predicted to outsell non-video handsets for the first time next year, according to research and information firm the Gartner

information firm the Garmer Group.

The latest and most popular video handsets include the Sony Ericsson K608i, a slim and stylish 3G mobile phone that supports a full range of video mobile services, including video calling, video messaging, and downloading video ellis.

video cailing, video messaging, and downloading video clips. The new Samsung D600 comes with a high quality video camera, and innovative TV-out connection feature that allows users to view

Our consumer guide to the latest mobile phones in the market place

their recorded videos directly on

their recorded videos directly on their TVs.

The D600 includes a powerful 2 megapixel camera that can take print-quality images, plus 4x digital zoom, flashlight, and selection of shooting modes. The generous 81MB of internal memory can store up to an hour of video. an hour of video.

The Nokia N70 is the first of the Nokia Nseries smartphones to be released in the UK. Similar to the popular and successful 6680, the N70 popular and successful 6680, the N70 is a powerful imaging device with a high quality 2 megapixel camera with a full range of 3G capabilities, including video calling, video downloads and video and music streaming. A second VGA resolution camera is used for making video calls. Videos and pictures can be viewed on the N70's first class 262k colour, bright active matrix display.

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